

Tick Bites

Disclaimer: This handout provides a general overview of a selected first aid topic. Consult your doctor for personal medical advice, diagnoses, and treatment.

- 1. With tweezers, grasp tick firmly at its head
- 2. Pull tick straight out with gentle but steady force
- 3. If possible, seal tick in jar of alcohol (doctor may need tick if illness symptoms occur)
- 4. Wash hands and bite area thoroughly

Do Not:

- Use petroleum jelly or cream to remove
- Use a lit match to remove and kill
- Twist or rock tick from side to side when removing
- Handle tick with bare hands
- Apply alcohol to bite area when tick is still attached

Seek medical attention for:

- Rash
- Fever
- Muscle aches
- Joint pain
- Swollen lymph nodes
- Flu-like symptoms
- Severe headache
- Difficult breathing
- Paralysis
- Chest pain