

Snakebites

Disclaimer: This handout provides a general overview of a selected first aid topic. Consult your doctor for personal medical advice, diagnoses, and treatment.

- 1. Remain calm
- 2. Keep bitten area still and lower than heart level
- 3. Immobilize bitten arm/leg/area and stay quiet as possible
- 4. Remove jewelry (because of swelling)
- 5. Apply splint to reduce movement of affected area
- 6. Seek medical attention immediately
- 7. If necessary, carry person to medical facility or have him/her walk slowly

Do NOT:

- Apply ice
- Try to capture snake
- Cut wound or attempt to remove venom