Cuts, Scrapes, and Puncture Wounds

Disclaimer: This handout provides a general overview of a selected first aid topic. Consult your doctor for personal medical advice, diagnoses, and treatment.

1. For a puncture wound, leave the object in place
2. Stop the bleeding
3. Clean the wound
4. Apply an antibiotic (Neosporin)
5. Cover the wound
6. Change dressing regularly
7. Watch for signs of infection

Major:

Cut is deep

1. Follow instructions above
2. Seek medical attention immediately

Skin is severely torn and bleeding

1. Have the injured person lie down
2. While wearing medical gloves, remove any obvious dirt from the wound. Do not attempt to remove large or deeply embedded objects.
3. With a sterile bandage, apply pressure directly on the wound until bleeding stops.
4. If bleeding soaks through the bandage, do not remove, add more.
5. Seek medical attention immediately.

Seek medical attention if:

- Wound is deep
- Bleeding persists
- Wound becomes infected
- Puncture wound in foot
- Wound is result of animal/human bite
- Puncture wound is contaminated